

WELLNESS



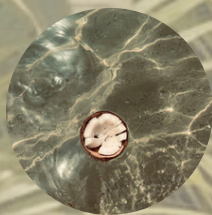
HOUSE

AMANARI

At Amanari House, we believe true luxury lives in presence, beauty and care. Our retreats are designed to help you step away from noise, reconnect with yourself and experience wellbeing through meaningful moments, thoughtful rituals and extraordinary surroundings

The journey into intentional living.
From immersive wellness retreats to thoughtfully curated events, each experience is designed to reconnect you with your body, your mind, and your surroundings.

A space to slow down, reset, and return to what truly matters



Mind



Soul



Body

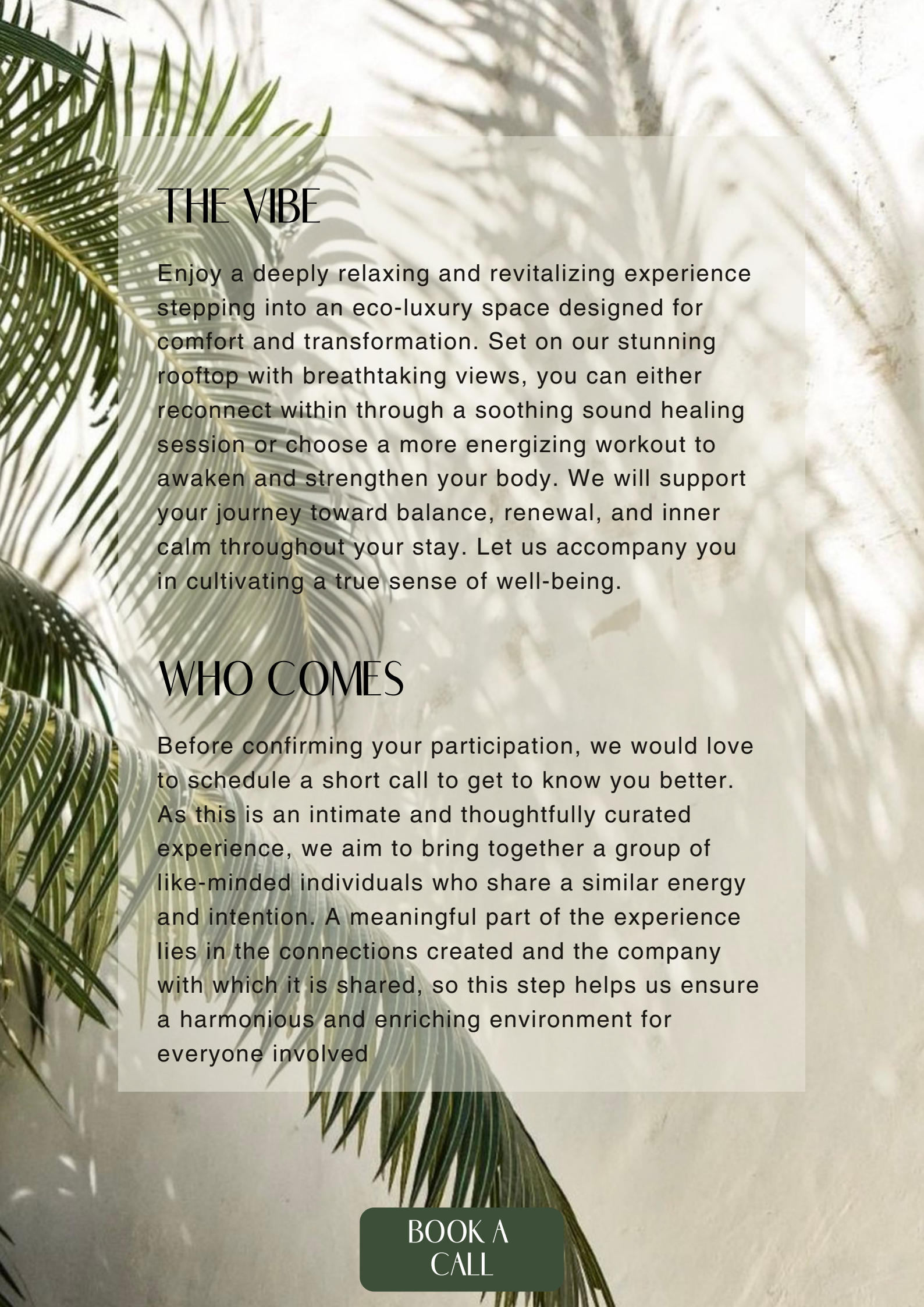
WHAT TO EXPECT

Expect a transformative yoga retreat designed for those who seek deeper connection to nature and the energy that flows through the Mayan Jungle

If you are looking for a raw, grounded experience, where the sounds of nature replace city noise, and the beauty lies in the unfiltered, organic surroundings. Ideal for open-minded travelers, wellness seekers, and those ready to disconnect from routine and reconnect with themselves in a truly natural environment.

Amanari guests will stay in shared villas, each thoughtfully designed to include three independent main bedrooms, each with its own private bathroom. Every guest enjoys the comfort and privacy of their own personal space, along with a beautifully appointed common living area

Each day follows a carefully curated schedule of yoga and meditation sessions, nourishing meals crafted with intention, and time to discover the local town of Tulum and its beauty.

The background of the entire page is a photograph of palm fronds on the left side, with their shadows cast onto a light-colored, textured wall that occupies the right side. The lighting is bright, creating a warm, tropical atmosphere.

THE VIBE

Enjoy a deeply relaxing and revitalizing experience stepping into an eco-luxury space designed for comfort and transformation. Set on our stunning rooftop with breathtaking views, you can either reconnect within through a soothing sound healing session or choose a more energizing workout to awaken and strengthen your body. We will support your journey toward balance, renewal, and inner calm throughout your stay. Let us accompany you in cultivating a true sense of well-being.

WHO COMES

Before confirming your participation, we would love to schedule a short call to get to know you better. As this is an intimate and thoughtfully curated experience, we aim to bring together a group of like-minded individuals who share a similar energy and intention. A meaningful part of the experience lies in the connections created and the company with which it is shared, so this step helps us ensure a harmonious and enriching environment for everyone involved

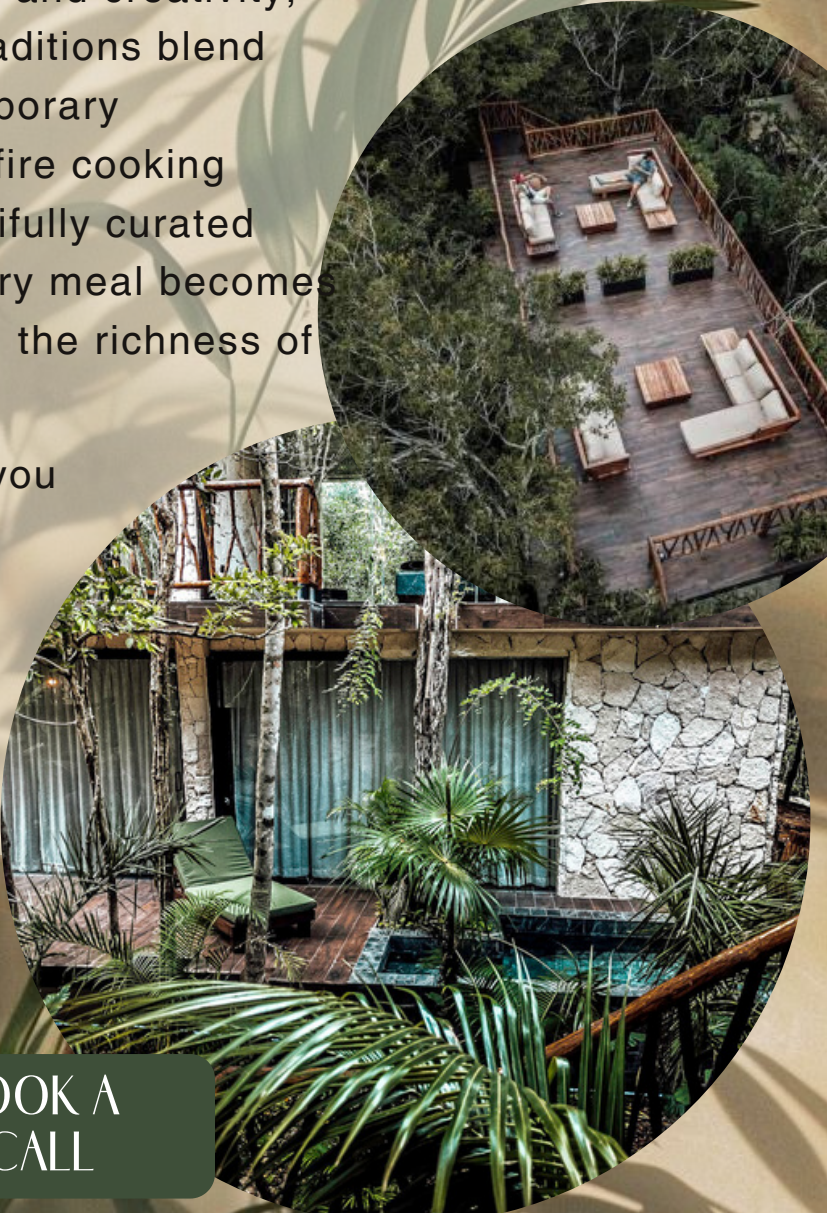
BOOK A
CALL

TULUM

There's a certain magic in Tulum a place where time slows down and nature sets the rhythm. Here, turquoise waters meet wild jungle, and every moment feels intentionally. Days unfold between sun-drenched beaches and hidden cenotes, where crystal-clear freshwater invites you to pause, reset, and reconnect with something deeper.

Beyond its landscapes, Tulum is a destination of discovery. Its gastronomy is a celebration of flavor and creativity, where ancient Mayan traditions blend seamlessly with contemporary techniques. From open-fire cooking under the stars to beautifully curated plant-based menus, every meal becomes an experience, rooted in the richness of local ingredients.

It's not just about what you see, it's about how you feel. It's a place to explore, to awaken your senses in the most effortless, natural way.



BOOK A
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DAY PROGRAM – Jungle Retreat

LOCATION

MEXICO- TULUM

EXPERIENCE

Men and women Retreat

DATES

TBD

DAY 1

ARRIVAL DAY ~ Thursday

9.00 am - 2.00 pm - Cancun

2.00 pm - Check ins

5.00 pm - Wellcome reception drinks

6.00 pm - Sound Healing

7.00 pm - Dinner at Kaaba Luum

DAY 2

EXPLORE SAYULITA ~ Friday

8:00 am - Morning Vinyasa flow

9:30 am - Breakfast

11:00 am - Cenotes day

1:30 pm - Lunch at Kaaba Luum

3:00 pm - Sound Healing

5:00 pm - Town excursion

7.30 pm - Dinner in Tulum

DAY 3

EXPLORE THE OCEAN ~ Snturday

8:00 Morning Vinyasa flow

9:30 - Breakfast

10.30 am - Ancient ruins of Tulum

1:00 pm - Lunch in Tulum

3:00 pm - Free time (Beach, relax)

6:00 pm - Streach Seasion

6:30 pm - Sound Healing

7:30 pm - Dinner at Kaaba Luum

DAY 4

MAGICAL SUNSET~ Sunday

8:00 am - Morning Vinyasa flow

9:30 am - Breakfast

11:00 am - Beach club day

1:30 pm - Lunch at Tulum

4:30 pm - Relax

5:00 pm - Beach Yoga Flow

6:30 pm - Sunset Beach Bonfire

7.00 pm - BBQ dinner

DAY 5

DEPARTURE DAY ~ Monday

8:00 am - Breakfast

10:00 am - 2.00pm Departures

Cancun

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